



MEMBER BENEFITS

PROGRAMS

- Specialized fitness programming including ski fitness, cycling training, boot camp style classes & more
- CPR & first aid certification classes
- Nutrition & health education classes



FITNESS CENTER

- Voted best fitness facility in Steamboat for 13 years
- Full-service gym including cardio equipment, free weights & machines
- 70+ group exercise classes a week are included
- 37-foot climbing wall use included
- Discounted specialty classes & fitness programs.
- Personal training available
- Stages indoor spin bikes
- Indoor walking track
- Functional training space, squat racks, bosu balls, & more



AQUATICS

- Natural hot-spring-fed pools
- Adults-only, natural Heart Spring
- Two exciting 230-foot water slides
- Aquatic climbing wall
- Hot pools open year-round
- Lifeguards on duty
- Aquatic fitness classes
- Cold Tub
- Private & group swimming lessons
- *Lap pool and kiddie splash pad area under construction through summer 2025

ADDITIONAL PERKS

- Discounted massages
- Discounted onsite childcare for ages 2 months to 10 years
- Onsite cafe serving nutritious offerings
- Discounted daily passes for guests
- Personal locker & towel rentals
- Online member portal including class sign up functionality
- Members-only locker room with sauna
- Member locker rental available
- Community meeting room rentals
- Children party space rentals

